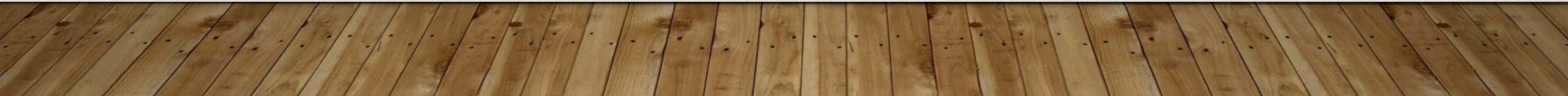




NWT MULTI-SPORT PROJECT IN THE VIRTUAL SPACE





WREN ACORN

GRACIE BRENNAN





Wren Acorn

Yellowknife, NT

Short track speed skating and soccer/futsal



Why do you like sport?

Because of sport I have learned so many lessons that have shaped who I am as a person. It has forced me to be incredibly self-aware and intentional. And of course, it's just so much fun. I love seeing how hard I can push myself mentally and physically.

What was your biggest win?

The most significant win of my career so far was qualifying for the National Development Team, but as for the craziest comeback I think I'd have to go with my futsal gold-medal game at AWGs in 2016. Our team was down by two at half but managed to tie it up to go into overtime. Despite having an entire crowd cheering against us, Molly Gillard managed to score the golden goal and everyone in the building went nuts. It was such an exhilarating moment.



Favourite sport quote

"Pressure is privilege."

3 words that describe you

**Perfectionist
Hard-working
Happy**

What is Team NT for you?

For me, it represents opportunity. Over the years Team NT has provided me with countless opportunities to strive for excellence, form new relationships, travel, and gain irreplaceable experiences. Team NT has also given me a strong foundation to then go and perform at a national level.



Gracie Brennan

Yellowknife, NT

Table Tennis, Volleyball, Soccer, Fastball



Why do you like sport?

I like sport because it creates a sense of camaraderie. Most of my best friends are my teammates or were previously. Sport taught and continues to teach me how to work hard and how to overcome obstacles. It teaches me that my limits are made to be broken. Sport has taught me more about myself than anything else ever has.

Who is your role model?

My role models are definitely my parents. Both of them worked very hard to get where they are in their life and continue to give their all in everything they do. They are both incredibly strong and have taught me the importance of training and conditioning by example. They are both kind and personable and have taught me that it's more important to be a nice person over everything else.



Favourite sport quote

*"If you aren't going all the way, why go at all?"
Joe Namath*

3 words that describe you

**Driven
Competitive
Focused**

What is Team NT for you?

Team NT is a team that is resilient, strong and creative. A group of people proud to be Northerners, also people who are incredibly invested in each other's successes. Above all, Team NT is a family.



HOW DO WE GET KIDS MOVING AGAIN?

Mentorship

Role
Models

Northern
Lead

Physical
literacy

FMS

Everyone
Welcome

FUN

KEEP IN TOUCH

For more information about Wren, Gracie or the program, please contact

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VIDEO RESOURCE

<https://www.youtube.com/watch?v=IqOu-qipkJA&list=PLFVzWvH7ooIFYpVVbHT-fByjVWdvixxisd>