



Connecting through Community-Based Learning



A story of innovating and building

Partnership of:



2015 Laureate:



Endorsed by:



Storyteller, Caroline Sparks



- Whitehorse, Yukon
- Traditional territories: Kwanlin Dün First Nation and Ta'an Kwäch'än Council
- Learning Consultant, Recreation North Training Program
- Works with communities, organizations, governments
- Fosters health, wellbeing and quality of life through recreation, physical activity, and sport.



Chapter 1: Where we began

2011

- First National Recreation Summit

2015

- Framework for Recreation in Canada



Chapter 2: Partnership and prize



- Arctic Inspiration Prize

- TRT Project and Team



CAUSE FOR CELEBRATION – Yukoners gathered after the Arctic Inspiration Prize was awarded last week in Ottawa. From left to right: David Laxton, the speaker of the Yukon legislature; Anne Morgan, the executive director of the Recreation Parks and Association of Yukon; Yukon Senator Dan Lang; Deputy Premier Elaine Taylor; Mayor Dan Curtis and Yukon MP Larry Bagnell.

Training project shares Arctic Inspiration Prize

An innovative collaborative from the Yukon, Northwest Territories and Nunavut was one of three finalists sharing the \$1.5-million Arctic Inspiration Prize awarded last Wednesday. Their training initiative was designed to enhance individual com-

Yukon (EPAV). It received \$400,000 to develop and deliver meaningful learning and education opportunities for staff and volunteer leaders. They serve as recreation co-ordinators and directors, youth leaders, board members, coaches, fit-

social and artistic expression, to improve their health, socialize and interact with others, learn new skills, have fun and find life balance. And, they will be better able to engage citizens in organizing and delivering sport and recreation events, festivals and the visual and performing arts that provide opportunities for self-expression, social interaction and civic pride.

"This project is about so much more than training recreation leaders," said Anne Morgan, EPAV's executive director.

"By building community leadership, we are investing in our future. We envision a future where recreation contributes to quality of life across the three territories."

Yukon Senator Dan Lang told the Red Chamber last week the Yukon program "utilizes recreation and sports to foster happiness and a better quality of life."

"In the North, we are facing significant issues related to obesity. This initiative aims to empower people and communities across all three territories to enhance individual, community and environmental well-being by strengthening the capacity of recreation leaders in Northern communities through the delivery of local and online training programs."

The project's goals are to help people lead a healthy lifestyle, build strong families and communities, work with those who are disadvantaged, protect

the environment and improve the quality of life in northern communities, Lang said.

"I would like to recognize team leader Anne Morgan, Yukon Olympian Zach Bell, members of the inter-territorial partnership who are with us today and all volunteers from across the three territories, who contribute to making this program an outstanding success."

Deputy Premier Elaine Taylor was in Ottawa for the Yukon Day's festivities and attended the award ceremony.

"Congratulations to the Recreation and Parks Association of Yukon and its partners for this wonderful accomplishment," Taylor said.

"The substantial funding awarded through this prize will go towards advancing recreation leaders' training, resulting in more active and engaged northern families and communities."



2015 spending

The alterations in the operating budget were in a variety of areas including staffing changes, increases to the diversion credits system and increased revenue from city fees

of the

Chapter 3: Pilot to program

2017-18

- Develop, pilot and evaluate training

2018

- Training Program
- Certificate in Northern Recreation Leadership



Chapter 4: Expanding the program



- Certificate in Northern Youth Recreation Leadership
- Certificate in Northern Recreation Management
- CPRA Professional Development Certification

Chapter 5: Program philosophy



Diversity of Learners



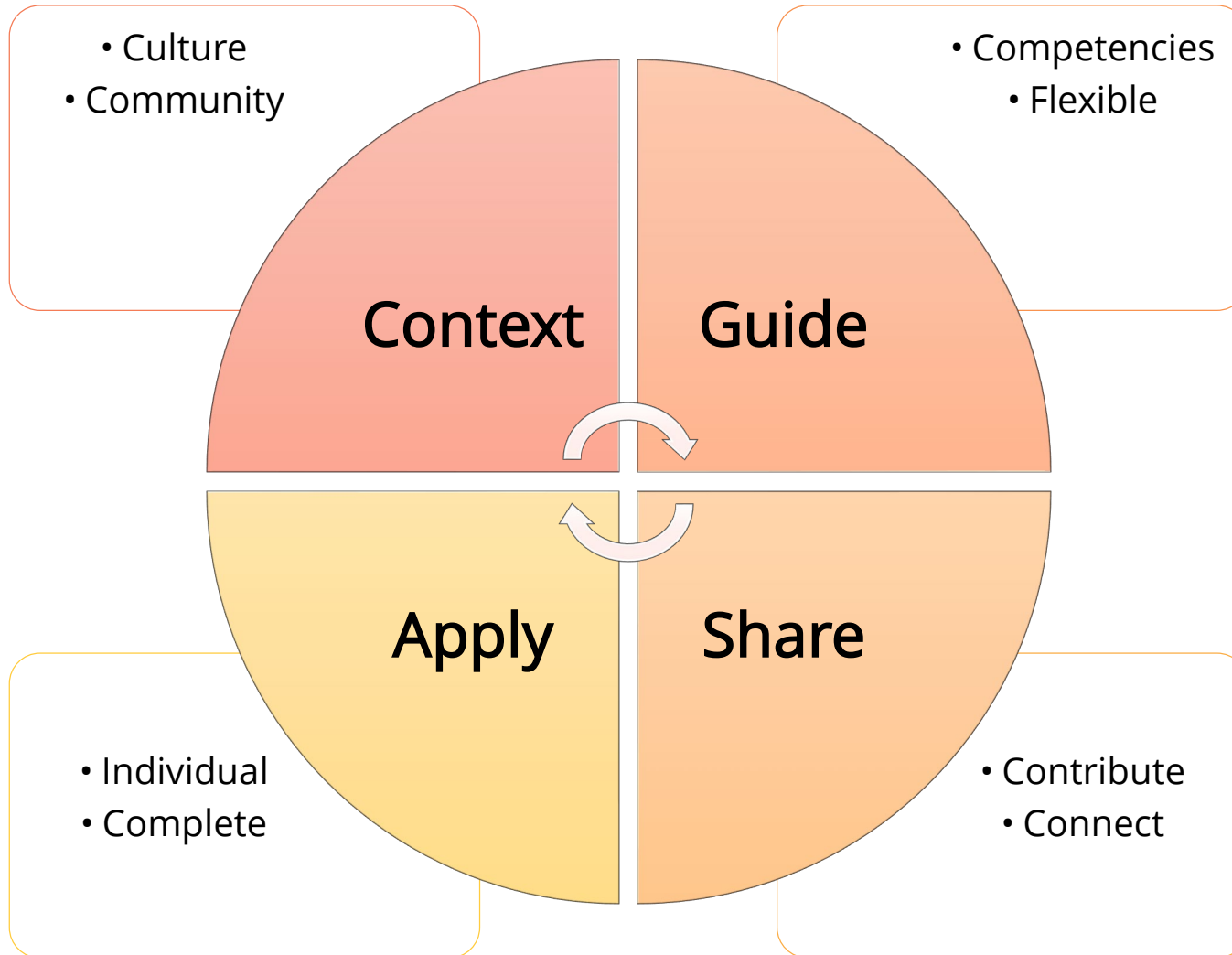
Competencies for Recreation



Remote Delivery



Diversity of learners



"It is great to be connected to such a large community of people involved in recreation so we can share ideas, wins, and help support each other when we get frustrated or burned out."

Kelsey

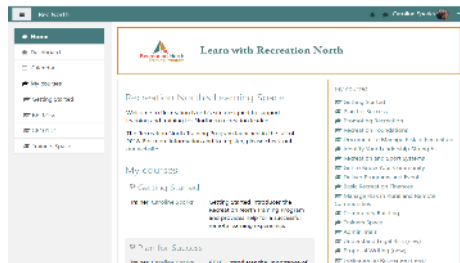
Competencies for recreation



"My employee gained confidence and was better able to program. He was able to apply what was learned instantaneously and I see him do it on a daily basis."
CAO Kathy

Remote delivery

- Learn in place... home, work, on the road, in the bush
- Scheduled delivery with 19 learning events offered from September to May
- Simple technology using a computer and phone
- Does not require high speed Internet



*"Sometimes community life can make it difficult to participate in training, but with Recreation North, help was just a phone call or email away."
Florence*

Chapter 6: Accessible training



Chapter 7: Success

250+ participants

60% Indigenous

31% Non-Indigenous

8% did not self-identify

“What really helped was to hear and read other ideas from the different communities and recreation leaders who were participating in the program.”
Deian (NT)



Nunavut

- 21 communities
- 77 participants
- 5 Leadership Certificates
- 1 Management Certificate
- 32 Youth Certificates

NWT

- 29 communities
- 123 participants
- 23 Leadership Certificates
- 6 Management Certificates

Yukon

- 14 communities
- 52 participants
- 14 Leadership Certificates
- 1 Management Certificates



Chapter 8: Benefits

...for employers & communities

- Competent and confident staff.
- Reduced staff turnover.
- Training that fits with work and family commitments.
- Skills to manage finances, and to coordinate and lead programs and events.
- Quality recreation that can reduce factors such as crime, suicide, chronic disease, violence, etc.

...for recreation leaders

- Competence and confidence to do your job well.
- Less stress and burnout in paid and volunteer roles.
- Planning skills that help you make better use of time and resources.
- Better able to promote community engagement, interest, and participation.
- Being part of a network that lets you share ideas and ask for help.

Prologue

The screenshot shows the website for 'Above & Beyond - Canada's Arctic Journal'. The main article is titled 'Recreation North Training Program' by ABOVE&BEYOND, dated June 28, 2019. It features a large photo of people walking on a rocky path in Sanikiluaq, Nunavut. Below the photo is a paragraph of text: 'As an Arctic Inspiration Prize laureate, Recreation North believes that recreation has the power to help people grow and be healthy and to build strong families and communities. The prestigious award recognized the opportunity to influence quality of life through a recreation leadership training program that would be accessible and sustainable across Nunavut, NWT, and Yukon. Since receiving the prize in January 2016, the partnership of the three territorial recreation and parks associations has developed, tested, and now offers training that is relevant and accessible to Indigenous and Northern communities.'

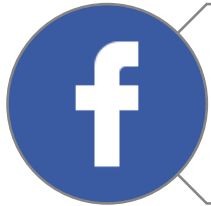
How does the Recreation North Training Program foster resiliency in sport and recreation?

<http://arcticjournal.ca/sport/recreation-north-training-program>

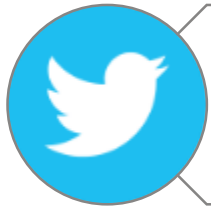
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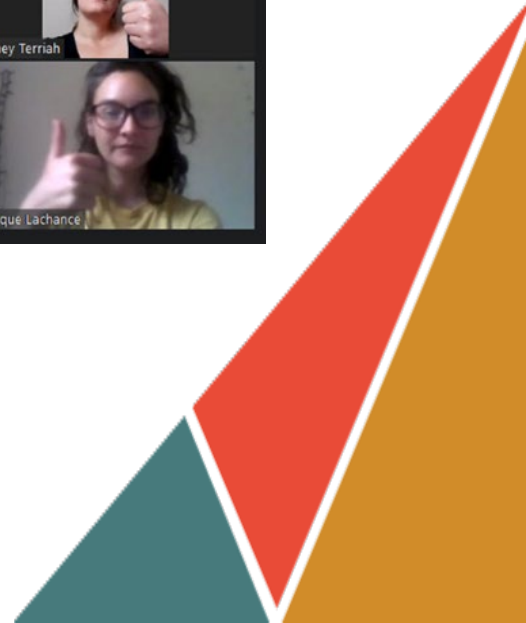
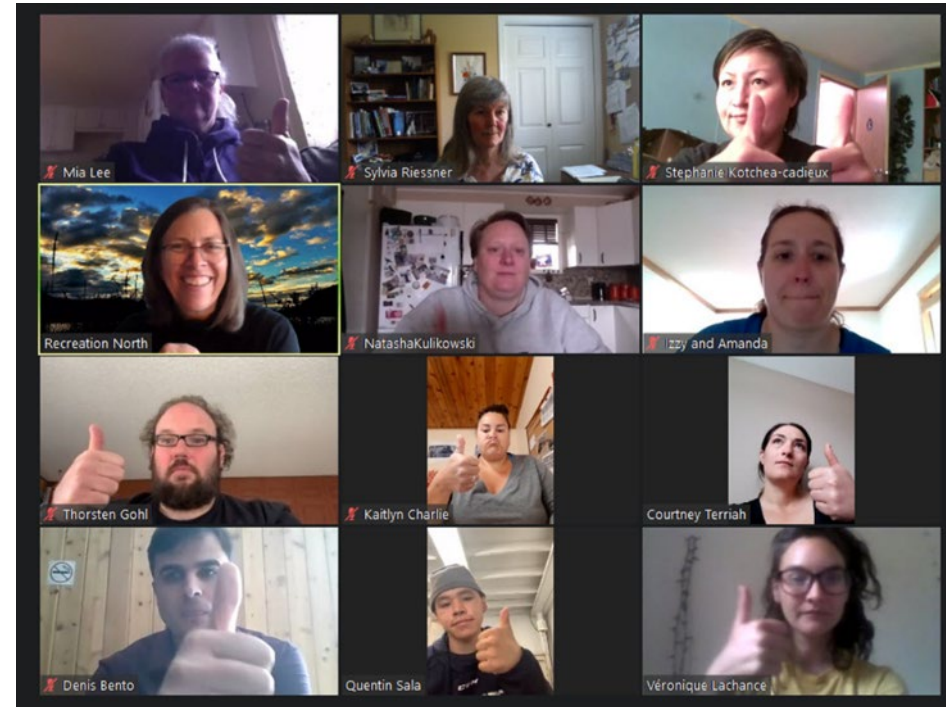
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Thank you